

Caring for our Community

Like other neighbourhood centres, we have a strong commitment to:

- Affirmative action towards disadvantaged people and groups
- Local participation and control



- Supporting community & individual initiatives and solutions

- Community development

- Responding to community/individual need, evolving with our local community and engaging them with the development of our services & programs

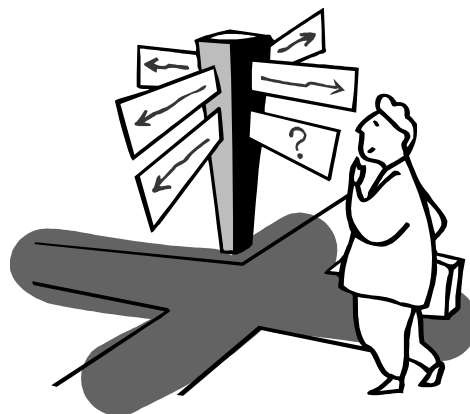
- Working with cooperation, consultation & open dialogue

- Understanding, respect, diversity and community harmony

- Adhering to anti-discrimination principles and laws

- Empowering individuals and communities to participate in the decisions that affect their lives, and providing relevant information so that these decisions are well-informed and the available choices are known

- Promoting social justice and equality



where to find us?

90 Railway Parade Kogarah

(old post office building on the corner Belgrave St)

Monday – Friday

9:30am – 4:00pm

how to contact us?

Phone: 9587 6622

Fax: 9553 0314

Email:

info@kogarahcommunity.org.au

Web:

www.kogarahcommunity.org.au



Funded by Department of Community Services

Kogarah

Community Services Inc.

Neighbourhood Centre

*Information
&
Referral*

Phone: 9587 6622

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About us?

Kogarah Neighbourhood Centre is a welcoming haven for our community, a place to go when needing information, referral and emotional or practical support.

We seek to empower and encourage individuals, to promote well-being & self-development, to enrich and strengthen our community, and to inspire participation and awareness for local & social issues.



"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."
Leo Buscaglia

As your local Neighbourhood Centre we are here for YOU, to nurture & support our local community and its residents; we encourage you to get involved, to get us involved in what you need, and to tell us how we can improve our services.

Neighbourhood Centres were created by communities and they exist for communities.

Our services

Listed below are the services, programs and activities provided through Kogarah Neighbourhood Centre

- **Information and referral**

We provide information and referral to clients who drop into our centre or make phone enquires, we are the place to go when you don't know where to go, and we have resources, info sheets, booklets & pamphlets available on a wide range of topics.

- **Letter writing, application forms, fax, photocopy**

Kogarah Neighbourhood Centre offers a fax service for local calls \$0.30 per dial-up; photocopying \$0.20 per page; and we can assist with letter writing and the completion of forms.

- **Safe place**

Our centre is a supporter of the safe place program, which is a safe place gay men, lesbians and transgender people can go if fearful of street based homophobic violence.

- **English classes**

In partnership with St George TAFE outreach, our centre offers English classes for permanent residents every year. The classes are conducted by a qualified TAFE tutor, within a supportive, non-threatening learning environment enabling students to improve their English language skills and gain the

necessary confidence to undertake further study or participate in activities such as volunteering or social groups.

- **Life experience counts course**

The course aims to break down the sometimes negative perception women may have of themselves, enabling them to see the many and varied skills that they do actually possess, but have never acknowledged. It aims to give women a greater appreciation of their own skills and greater confidence to do what they want to do, whether it is pursue further study, paid employment or volunteering. It is run in partnership with St George and Sutherland Community College.

- **Stress less workshop**

- **One-off laughter session's**

- **Assertiveness & nurturing yourself workshop for women**

- **Self defense for women**

- **Bus outings for seniors**

- **Community events**

At our Neighbourhood Centre, throughout the year we have programs and activities to celebrate community events such as International Women's Day; Harmony Day; Mental Health Week; White Ribbon Day; Heart Week; Men's Health Week; and World AIDS Day.