

PRIDE 2020 ACTIVITY BOOK

Table of Contents

Call to 'Share the Rainbow' this Pride Month	2
Rainbow Colouring-In Template – created by local artist Rowan Yeomans	3
Rainbow Colouring-In Template #2 – created by local artist Rowan Yeomans	4
Rainbow Colouring-In Template #2, Coloured version – created by local artist Rowan Yeomans	5
What is Pride Month?	6
Beautiful #sharepride solidarity image – created by local artist Rowan Yeomans	7
How to celebrate Pride Month.....	8
How to be a Queer ally.....	9
How to be a BIPOC ally.....	10
Pride Maze Activity	11
Pride Word Find Puzzle	12
Pride Cupcakes – How To	13
Rainbow Marble Art – How To	20
Local Queer Organisations List	25
Recommendations for BIPOC Education and Engagement	27

June is Pride Month!

Let's celebrate together by colouring the rainbow template and displaying it in a window at home, work or business
#sharepride

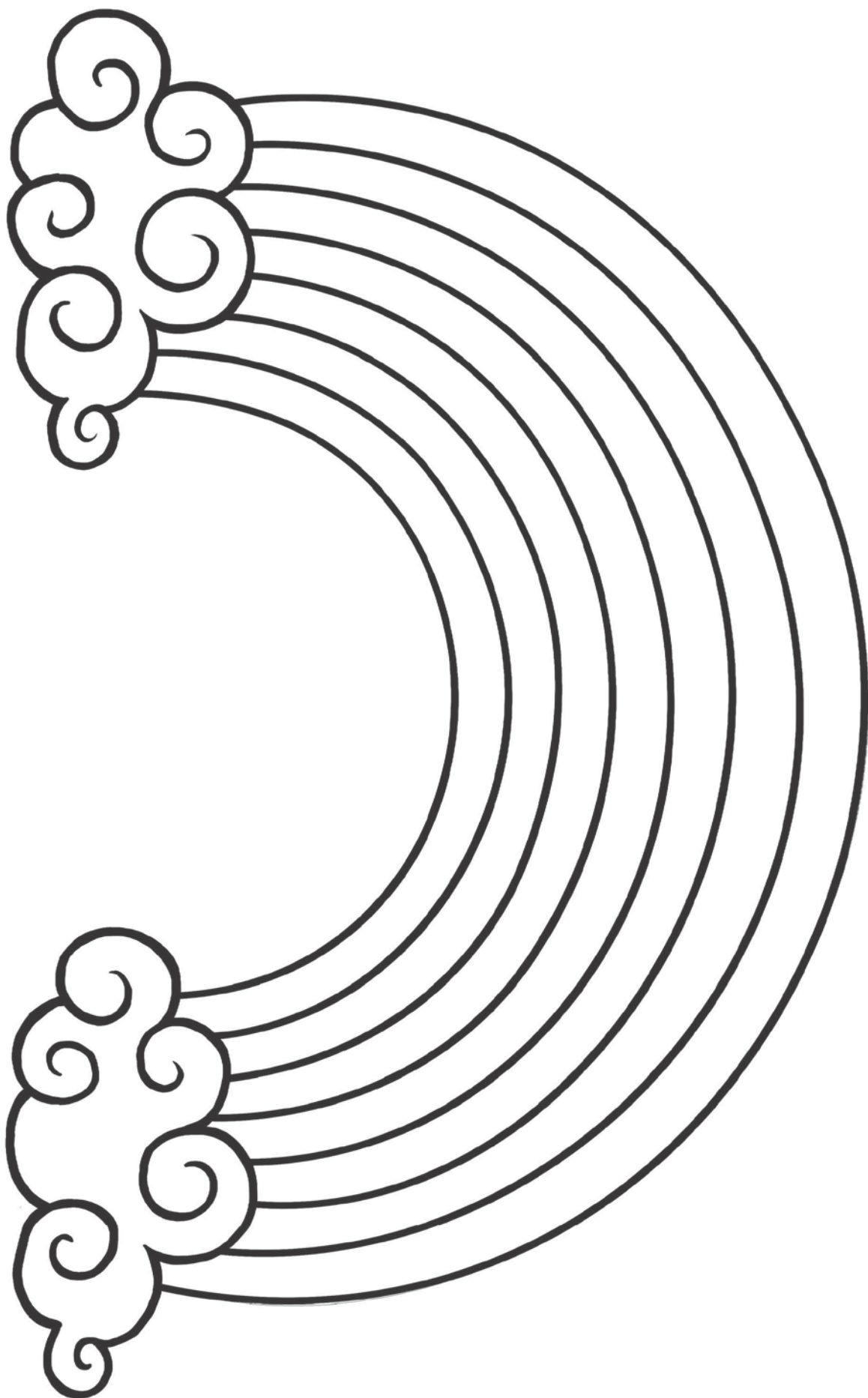
Please send us your rainbow photos so that we can post them on our virtual Pride Wall.

We encourage LGBTIQ allies to support this initiative, helping us to create an inclusive and welcoming community in St George & Sutherland.

If you can't display a rainbow you can still get involved, simply colour the template and send the photo and we'll include it on the virtual Pride Wall.

Send your rainbows to Glisten SMS 0404 476 434 or email: info@kcs.org.au Tag on Instagram @glistenyouth #sharepride









WHAT IS PRIDE MONTH?

Pride Month began in the United States as a way to commemorate the Stonewall Riots, which occurred in June 1969.



On June 28th, 1969, in the early hours of the morning, members of the NYC Public Morals Division raided the Stonewall Inn, a gay bar in Greenwich Village. This division frequently targeted patrons of gay establishments, used violence, arrested people and even forced the hospitalisation of gay people.

However, when the raid began on this night, the patrons began to fight back, hoping to protect themselves and make a stand for their rights. More patrons from the Stonewall, as well as those from neighbouring bars joined in the fight, which spilled onto the street, becoming a riot. Word got out about this riot, and thousands joined the protest, which lasted 6 more days. Some of the most notable participants of the Stonewall Riots were black trans women, drag queens and people of colour, including Marsha P. Johnson, Sylvia Rivera, and Stormé DeLarverie.

The media coverage of this event increased awareness and involvement in LGBT activism and in 1970, on the 1-year anniversary of the riots, Pride demonstrations and marches were held in major cities around the country. These demonstrations continued in the years to come, as both a celebration of queer culture, and a method to draw attention to LGBTQIA+ rights such as protection from harassment and police brutality, raising awareness about the AIDS epidemic and the fight for marriage equality.

In 1978, a march was organised by the Gay Solidarity Group in Sydney for 24th June 1978. A group of LGBTQIA+ activists, including Aboriginal people, as well as those from a wide range of cultural backgrounds, marched down Oxford Street until they were met with a large police presence in Hyde Park. 53 people were arrested, many were badly beaten, and afterwards names of those involved were printed in the media, leading to heavy discrimination in their professional and private lives.

The following year, in 1979, over 3000 people marched in an incident-free parade – the 2nd Annual Mardi Gras Parade in Sydney.

When learning the history of Pride Month, it is evident that people of colour have always been at the forefront of the fight for equal rights, a fight that has often placed them in opposition with police and ruling forces. Whilst there has been significant progress in regards to LGBTQIA+ rights within the last 40 years (and there is still a long fight to go), progress in the fight for the rights of people of colour, in Australia, America, and around the world has been limited.

This Pride Month, in the context of the conflict occurring in the United States following the death of George Floyd, is a perfect time to listen and learn from the voices of people of colour, and use that newfound knowledge to prompt action. This workbook has suggestions not only for how to celebrate this Pride Month, but also how to become a better ally for our BIPOC (Black, Indigenous and People of Colour) siblings both this month and into the future.



HOW TO CELEBRATE PRIDE MONTH!

- **Sydney Pride Festival** will run from 4th June – 30th June 2020, to be launched on Facebook on 4th June. For more information: www.sydneypride.com.au
- **Go Rainbow** - Colour and display a rainbow in your window. Use the template provided. Wear something rainbow. Decorate your work desk or hibernation space rainbow. Paint, chalk or colour rainbows. Bake your own rainbow cake or cupcakes to share with friends, family or colleagues. Use your imagination and creativity to celebrate Pride Month with rainbows. Share your creativity and rainbows with friends, family and colleagues on social media, encouraging them to get involved too. Change your social media profile pic to include a rainbow to proudly show that you are a LGBTIQA+ ally
- **Participate** - in an online workshop hosted by an LGBTIQA+ group or organisation. For example, Minus 18 run a diverse variety of digital events for young people www.minus18.org.au and Twenty 10 runs the fortnightly Discord group for young people www.twenty10.org.au
- **Host** - a queer film night (adhering to social distancing rules), or use the House Party app to dance along to queer music or host a games event with friends.
- **Learn** - about LGBTIQA+ history; know the pioneers, activists and events that shaped the world we live in today.

HOW TO BE A QUEER ALLY

Many people are interested in learning more about how to practice allyship. Allies play an important role in creating inclusive, respectful, informed and welcoming communities, workplaces, schools and recreational groups. Some ideas include:

- **Educate Yourself** - Stay up-to-date with queer issues and take action against anti-LGBTIQA+ policies and representations in the media. Listen to the life experiences of LGBTIQA+ people; they are the experts on what they need and how best to be their ally. Visit Minus 18 (www.minus18.org.au) as they have a diverse range of resources and workshops that can assist when a friend comes out; understanding queer terminology and life experiences; and on being an ally for the LGBTIQA+ community.
- **Respect LGBTIQA+ people** - Let others know that derogatory, homophobic or transphobic jokes or comments are not funny or acceptable. Don't assume that all trans and non-binary people are the same or that there is a "correct" way to be trans. Don't ask personal or invasive questions. Be careful about confidentiality, disclosure and outing. If someone has shared their gender or sexual identity with you, don't tell others. Not only is this an invasion of privacy, it can also have devastating consequences in a world that can be intolerant of gender and sexuality diversity.
- **Pronouns** - Learn about pronouns. When meeting someone, identify your own pronouns (regardless of whether you are cis-, trans or gender-nonconforming), this helps to create a safe and inclusive environment, and breaks-down the notion that only non-binary or trans people have pronouns. Respect everyone's self-identification and use the correct pronouns.
- **Participate** - Celebrate and participate in events such as International Day Against Homophobia, Biphobia, Intersexphobia and Transphobia (17th May), Pride Month (June) and Wear It Purple Day (last Friday in August). Visibly promote your ally status – using pins, email signatures and verbalising your support across a wide-range of mediums & conversations. Remember ally is a verb, it requires action and public advocacy.
- **Challenge heterosexism and cis-sexism-**
Don't assume everyone is heterosexual or cisgender. Use gender neutral language. Be aware of your privilege if you are a cisgender or heterosexual individual.

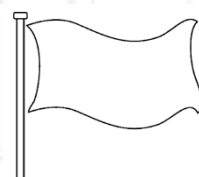
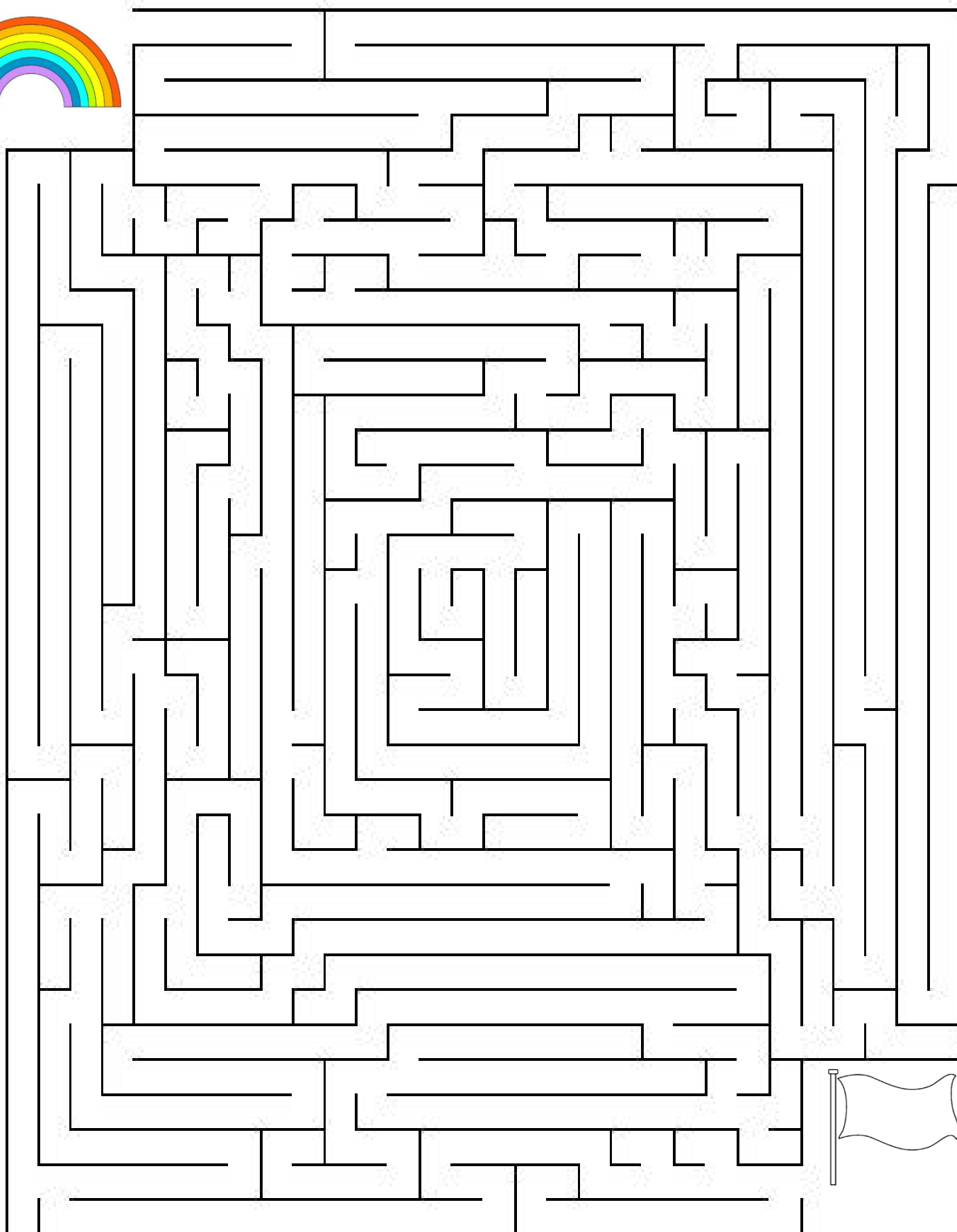
Sources: Minus 18, University of California Davis, Pride in Diversity

TIPS FOR BIPOC ALLYSHIP

- **Research** - find out more about the history and ongoing occurrence of racism in Australia. Understanding colonisation, the Frontier Wars, The Stolen Generation, indigenous deaths in custody and the ongoing removal of children from Aboriginal families are all important aspects to understand. Please see recommended reading list for books and online resources to start your journey.
- **Engage** – follow, share and reflect upon the words of Aboriginal artists, writers and activists. See the list of accounts to follow through social media sites as a starting point for your engagement.
- **Amplify** – if participating in protests or events, or speaking on these topics it is important to centre the voices of people of colour, rather than continuing to have the dialogue filtered through a white lens.
- **Donate** – if you have the means, donating to organisations or go-fund-me's aimed at providing funds to support Aboriginal communities is a very effective way to act as an ally. Our list of resources also includes current fundraising sites and organisations that are verified to donate to.
- **Get Involved** – participate in Indigenous events, such as National Reconciliation Week (May 27-June 3 annually), NAIDOC Week (July 7-July 14 this year), Invasion Day Rallies in your local city, and Yabun Festival in Sydney (both held on January 26th).
- **Speak Out** – being an ally is also about being an active ally in your day-to-day life. Call out people when they say racist or offensive things, have difficult conversations with your friends and family and share what you have learnt with others.



CAN YOU HELP THE RAINBOW FIND THE FLAG?



Pride Month Word Find Puzzle

Find these words: STONEWALL, GLISTEN, PRIDE, RIOT, ALLY, ACTIVIST, RAINBOW, LGBTIQA, PROTEST, DRAG, LOVE, JUNE, YES, BRAVERY, REVOLT, EQUALITY, PRONOUNS, SOLIDARITY, BE YOU, LWORD, MARSHA P JOHNSON, OUTPROUD

G	A	V	T	N	E	T	S	I	L	G	Y	Q	B	B	D	R	J
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L	N	B	V	O	E	P	R	O	T	R	I	Y	R	T	O	E	Y
A	Q	C	I	T	B	G	L	S	W	G	A	D	V	O	E	R	Y
M	A	R	S	H	A	P	J	O	H	N	S	O	N	S	O	L	P

PRIDE CUPCAKES – HOW TO

Materials:

- Cupcake Mix (and required ingredients – for mine it was milk, butter and eggs)
- Cupcake Patties – Rainbow Colours make it fun!
- Gloves
- Mixing Bowl
- Electric Mixer
- Baking Paper
- Rolling Pin
- Cupcake Tray
- Ready To Roll Icing (Rainbow pack – Red, Yellow, Green, Blue, if your store stocks it)
- Ready to Roll Icing (White – if you only have white, you will need food colour in the primary colours, or all the colours you want to use)
- Round cookie cutter/ A glass you can use to cut circles out of the icing.

Step 1. Make cupcake mix as directed by the packet.

Step 2. Place Cupcake patties in tray and pour mixture in.



Step 3. Bake cupcakes in oven, as directed by cupcake packet.

Step 4a. If you are using only white icing, place a ping-pong ball sized piece of white icing in a bowl and drop a few drops of your desired food colouring in.



Step 4b. Put on your gloves, and knead the white icing into the food colouring in order to mix the icing to your desired colour.

Step 4c. Once you have the icing at the desired colour, place the ball aside and repeat with similar sized pieces of icing until you have 7 colours – Pink, Red, Orange, Yellow, Green, Blue & Purple.

Step 5a. Alternatively if you are using the Rainbow Ready-to-Roll icing, to mix the required secondary colours, you will need to break off pieces of icing from two different colours in order to create a lump of icing that is ping-pong ball sized.

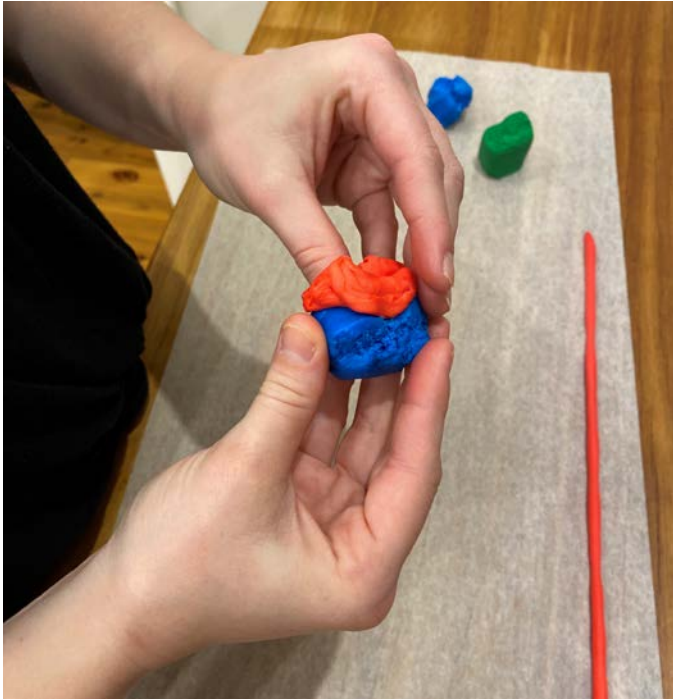
Step 5b. Combine red and white, kneading the icing to create pink.



Step 5c. Combine red and yellow, to create orange.



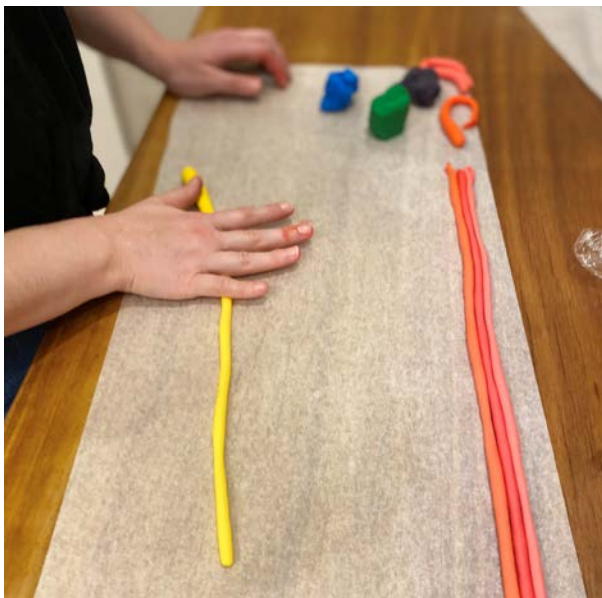
Step 5d. Combine blue and red, to create purple.



Step 5e. You should now have 7 ping-pong sized balls of icing, in Pink, Red, Orange, Yellow, Green, Blue & Purple.

Step 6. Working with one ball of icing at a time, roll the icing against a piece of baking paper in order to create a long, spaghetti-like strand. Each strand should be a little under 1cm wide once you are done rolling it out.

NB: When working with the icing, if it starts to get too sticky, put it aside and leave it to cool. Icing will work better when it hasn't taken on too much heat.



Step 7. Line up all of the rolled out strands of icing next to one another, in pride/rainbow order.

Step 8. (Not pictured as I forgot to do this!) Cut the long strands of icing in half, putting one half aside to work with later.

Step 9. Lay a piece of baking paper down on top of the icing, and use the rolling pin to roll across the length of the icing.



Step 10. Remove the baking paper, and taking the glass or cookie cutter, place on top of the rolled icing and cut out a circular rainbow. Ensure you place your implement as close to the edge of the icing as possible for the first cut so that no icing is wasted.



Step 11. You may need to use a knife to cut around the edge of the glass, or you might achieve the same outcome of removing excess icing by twisting the glass.

Step 12. Place circle to the side, and ensure you clean around the edge of the glass or cookie-cutter before cutting out another piece of icing.



Step 13. Repeat until you have cut out all of the circles – with the amount of icing made, you should have enough to make roughly 12. Ice the cupcakes with the icing from the cupcake packet.



Step 14. Place the rainbow icing discs on top of each cupcake.



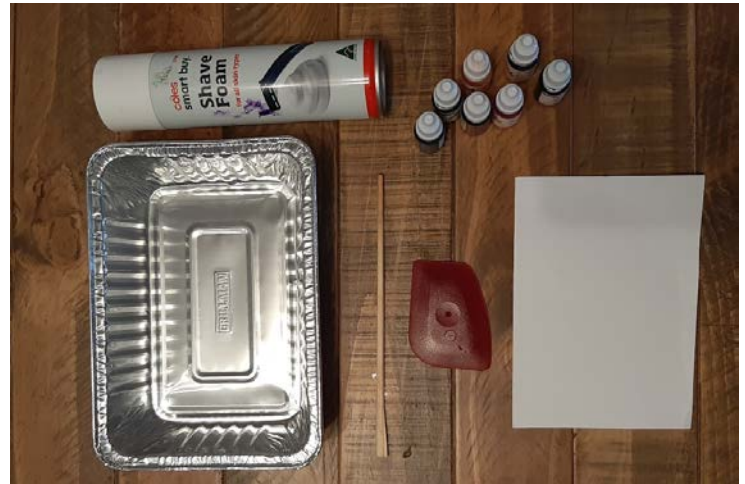
Step 15. Enjoy your cupcakes! Share with a friend, give them to your family to spark a conversation about Pride Month, or share on social media with the hashtag #sharepride.



RAINBOW MARBLING ART – HOW TO

Materials:

- Shaving cream
- Foil tray
- Food colouring (but liquid watercolours or inks would work too)
- Something to stir with (we used a chopstick)
- Something to scrape with (we used a dough scraper, but you could use anything – a bit of cardboard or a pop stick)
- Paper or cardstock – watercolour paper or something similar is best but use what you have – cut into similar size to your tray.



Step 1. Spray shaving cream into your dish then smooth the surface a bit with a spatula.

Step 2. Drop paint on shaving cream.

Use the dropper to transfer the food colouring onto the surface of the shaving cream. We've done this in a rainbow pattern, but you can do it however you like!



Step 3. You can use a craft stick/chopstick/toothpick to swirl the colours together to create a marbled effect.



Step 4. Lay a piece of paper on the surface of the painted shaving cream and press into the shaving cream.



Step 5. Gently lift the paper off the shaving cream.



Step 6. Scrape shaving cream

Scrape off the shaving cream with a craft stick or a piece of cardboard, or a scraper if you have one.



Step 7. Set paper aside to dry and repeat with more prints! Here we've mixed all the remaining shaving cream to create a multi-coloured marble which is as fun as the rainbow!

You can make several prints each time you add paint to the shaving cream. And you can add more colour to existing coloured shaving cream. When you're ready for a clean slate, you can either add a new layer of shaving cream to the top or scoop the coloured shaving cream out with a spatula and start fresh.



Step 8. Get creative with your new Rainbow-marbled paper! You can draw a pride-themed picture or words on top, make it into Pride Month cards or posters and post on your social media.



LOCAL QUEER ORGANISATIONS

ACON

ACON is a NSW based organisation specialising in HIV prevention, HIV support and LGBTIQ health. Services include state-wide counselling, care coordination, substance support, peer education and health promotion.

Phone: 1800 063 060

Glisten

Glisten is a social group for same-sex attracted, gender-diverse, and questioning young people. Allies and friends are welcome. It's a safe space to chill out, meet others and get involved in activities like movies, art, games & pool. Free food, resources, and giveaways.

Miranda group meets 3rd Wednesday of the month 4pm-6pm

12years – 18 years

Hurstville group meets 1st Monday of the month 4pm-6pm

18yrs – 25 years

Both are close to public transport

For more info contact Caitlin 0451 824 995

Email: connections@2connect.org.au

Minus18

Australia's largest youth led organisation for gay, lesbian, bisexual and trans youth. Minus18 aims to improve the health and wellbeing of, and provide a safe environment for, same-sex attracted and gender diverse young people in Australia, seeking to empower them to feel comfortable and confident in their sense of identity and assisting them to grow as happy, healthy individuals well into the future.

Minus18.org.au

<https://www.instagram.com/minus18youth/>

Qlife

A national service that aims to keep LGBTQI communities supported and connected.

Phone: 1800 184 527 (3pm–midnight AEST)

Online chat (3pm–midnight AEST)

The Gender Centre

The Gender Centre is committed to developing and providing services and activities, which enhance the ability of the transgender, gender questioning and gender diverse community to make informed choices.

<https://gendercentre.org.au/>

Twenty10

Provides a range of support services and social spaces for people of diverse genders, sexualities, and sexes in NSW. Services are aimed specifically at people aged under 26.

Metro support: (02) 8594 9555 (10am – 6pm, Monday–Friday)

Regional support free call: 1800 65 2010 (10am – 6pm, Monday–Friday)

Email: info@twenty10.org.au

RECOMMENDATIONS FOR BIPOC EDUCATION AND ENGAGEMENT

Books

Younger Readers:

Young Dark Emu: A truer History – Bruce Pascoe

Welcome to Country: An introduction to our First Peoples for Young Australians – Marcia Langton

Older Readers:

Me and White Supremacy – Layla F. Sayad (A workbook that provides prompts for the reader to reflect and diary upon their own biases, and the influence of white supremacy in their life).

Growing Up Aboriginal in Australia – Anita Heiss

White Tears, Brown Scars – Ruby Hamad

How to be An Antiracist – Ibram X. Kendi

The New Jim Crow: Mass Incarceration in the Age of Colorblindness – Michelle Alexander

Longer Reading List available at: https://www.readings.com.au/collection/books-to-help-you-understand-and-fight-white-supremacy?fbclid=IwAR0NkvBuT56KFW23xSPjEC9AxPJG-MUqRlik8za86PX4MuYUdf7i99_NU7E

Instagram Accounts

IndigenousX (@indigenousx) – “Showcasing and celebrating Indigenous Diversity”

Brooke Boney (@boneybrooke) – Previous Triple J News Presenter, Current Today Show presenter, has a highlights link to articles she has written related to the Indigenous experience in Australia.

Miranda Tapsell (@misstap) – Actress and writer, co-host of ‘Pretty for an Aboriginal’ podcast, who shares great content related to her projects.

Blakbusiness (@blakbusiness) – “Sharing Aboriginal and Torres Strait Islander businesses + accessible info on topics relevant to mob.”

Common Ground Australia (@commongroundaustralia) – “Sharing First Nations cultures, histories and lived experiences.”

Extended list of Indigenous Australian social media users to engage with:

<https://theconversation.com/12-deadly-indigenous-australian-social-media-users-to-follow-66479>

Podcasts

Pretty for an Aboriginal – Miranda Tapsell & Nakkiah Lui host different guests

Tiddas 4 Tiddas – Mamamia Podcasts, hosted by Marlee Silva

Speaking Out – ABC Radio

Places to Donate

Australia:

Free Her – Raising funds to pay the fines of and release Aboriginal people who have been imprisoned in WA for unpaid fines. [Gofundme.com/f/bfvnvt-freethepeople](https://gofundme.com/f/bfvnvt-freethepeople)

Wirringa Baiya Aboriginal Women's Legal Center – NSW community legal centre for Aboriginal Women, Children and Youth. Wirringa Baiya focuses on issues relating to violence. [Wirringabaiya.org.au/contribute/](https://wirringabaiya.org.au/contribute/)

Wangan and Jagalingou Family Council – Wangan and Jagalingou are fighting to defend our lands from Adani – a multi-billion dollar company – and the Queensland and Commonwealth Governments. [Wanganjagalingou.com.au/donate/](https://wanganjagalingou.com.au/donate/)

Aboriginal Women & Children's Crisis Service – Assists Aboriginal women and their dependent children escaping Domestic Violence. awccs.com.au/donate-us

America:

George Floyd Memorial Fund – [gofundme/f/georgefloyd](https://gofundme.com/f/georgefloyd)

Black Visions Collective – A black, trans & queer-led organisation that is committed to dismantling systems of oppression & violence, and shifting the public narrative to create transformative, long-term change. <https://www.blackvisionsmn.org/>

Campaign Zero – Online platform and organisation that utilises research-based policy solutions to end police brutality in America. <https://www.joincampaignzero.org/>

NB: This list is in no way comprehensive, but is intended as a starting point to begin to engage with content and prompt more discovery. Information regarding organisations for donation drawn from @arielleaty and @twopence.social